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| August 19, 2023 | Scrimmage @ Norristown | 10:00 AM | Bus 8:15 Am | |
| August 25 | Interboro @ Strath Haven | 7:00 PM | Bus 4:30 PM | |
| August 31, 2023 | Pottstown @ Interboro | 7:00 PM | | |
| September 8, 2023 | Interboro @ Upper Moreland | 7:00 PM | Bus 4:00 PM | |
| September 16, 2023 | Interboro @ Chester | 11:00 AM | Bus 8:30 AM | |
| September 22, 2023 | Oxford @ Interboro | 7:00 PM | Homecoming | |
| September 29, 2023 | Interboro @ Kennett | 7:00 PM | Bus 4:00 PM | |
| October 6, 2023 | Interboro @ Chichester | 7:00 PM | Bus 5:00 PM | |
| October 14, 2023 | Academy Park @ Interboro | 11:00 AM | | |
| October 20, 2023 | Interboro @ Avon Grove | 7:00 PM | Bus 4:00 PM | |
| October 27, 2023 | Penn Wood @ Interboro | 7:00 PM | Senior Night | |
| November 23, 2023 | Ridley @ Interboro | 10:00 AM | Thanksgiving Game | |